

## BRUNCH

MACADAMIA NUT GRANOLA..... Berry Compote, Oat Milk Pudding, Seasonal Fruit, Cherry Puree	DF, GFO, VG	18
BRIOCHE FRENCH TOAST..... Thick Cut Brioche, Blueberry Caramel, Whipped Lemon Ricotta, Seasonal Fruit, Persian Fairy Floss	V	24
EGGS ON TOAST..... Sourdough, Poached, Scrambled or Fried Free Range Eggs	DFO, GFO, V	15
EGGS FLORENTINE..... Sourdough, Sautéed Spinach, Hollandaise Sauce, Poached Eggs Bacon & Eggs Benedict +7    Smoked Salmon & Eggs Bendict +8	GFO, V	20
CHILLI SCRAMBLED EGGS..... Sourdough, Herb Smashed Avocado, Fermented Chilli	GFO, V	23
AVOCADO TOAST..... House Zucchini Bread, Hazelnut Romesco, Dried Olive, Poached Egg	V, VGO	26
SUPERFOOD SALAD..... Roasted Pumpkin, Cauliflower, Kale, Fresh Herbs, Quinoa, Lemon Dressing Add Poached Egg +4    Haloumi +7    Grilled Chicken +8    Smoked Salmon +8	DF, GF, VG	24
SAUSAGE & BEANS..... Sourdough, Tiisch Pork Sausage, Garlic Mushrooms, Greens, House Braised Beans	GFO	25
GNOCCHI ALLA NORMA..... Pan Fried Gnocchi, Tomato Sugo, Gremolata, Eggplant, Ricotta Salata	V	25
HARISSA CHICKEN..... Butternut Pumpkin Puree, Braised Lentils, Red Wine Jus	DFO, GF	26
TIISCH LAMB BURGER..... Brioche Bun, Aioli, Pickled Red Onion, House Slaw, Fries *Haloumi Burger - Swap Lamb for Haloumi	GFO, VO	26
GRILLED STEAK SANDWICH..... Aged Cheddar, Pickled Onion, Aioli, Cos Lettuce, Fries	DFO, GFO	28
SLOW COOKED BEEF CHEEK..... Creamy Mash, Broccolini, Café de Paris, Red Wine Jus	GF	30

## SIDES

POACHED / FRIED EGG .....	4	HERB SMASHED AVOCADO ..	6
SCRAMBLED EGGS .....	8	BACON .....	7
SAUTÉED SPINACH .....	4	HALOUMI .....	7
MUSHROOMS & GREENS .....	6	TIISCH PORK SAUSAGE .....	7
GRILLED TOMATO .....	4	SMOKED SALMON .....	8
HOLLANDAISE SAUCE .....	3	GRILLED CHICKEN .....	8
CHILLI .....	2	FRENCH FRIES & MAYO .....	10
TOAST Sourdough, Multigrain, German Rye .....			7
GLUTEN FREE TOAST .....			8
VEGEMITE, PEANUT BUTTER, JAM OR HONEY .....			3

## BAGELS

MADE FRESH TO ORDER

HERB CREAM CHEESE .....	V	8
HAM, CHEESE, TOMATO .....		12
BACON, FRIED EGG, CHEDDAR, BBQ SAUCE .....		15
SMOKED SALMON, AVOCADO, CREAM CHEESE .....		16

## FROM THE CABINET

CHECK FOR DAILY SPECIALS

GRANOLA CUP .....	V	10
HAM & CHEESE CROISSANT .....		10
CINNAMON SCROLL .....	V	6.5
BANANA BREAD .....	V	5
ORANGE ALMOND CAKE .....	DF, GF, V	5
MILLIONAIRE CARAMEL SLICE .....	V	5

DF DAIRY FREE    DF DAIRY FREE OPTION AVAIL    GF GLUTEN FREE    GFO GLUTEN FREE OPTION AVAIL (+\$1)  
V VEGETARIAN    VG VEGAN    VGO VEGAN OPTION AVAILABLE

15% SURCHARGE ON PUBLIC HOLIDAYS

*Tiisch*



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## NON ALC

CAPI SODA RANGE .....	5.5
Blood Orange, Cranberry, Grapefruit, Ginger Beer, Sparkling Mineral Water, Tonic Water	
ADD BOOZE Archie Rose Gin or Ketel One Vodka .....	+8
KOMMUNITY BREW KOMBUCHA Organic Ginger Turmeric .....	7
COKE / COKE ZERO / SPRITE .....	6

## COLD-PRESSED JUICES

ORANGE Straight Valencia Orange .....	8
LEAFY GREENS Leafy Green Kale, Apple, Lemon .....	8.5
BAZINGA Pineapple, Lime, Pear, Apple, Carrot, Ginger .....	8.5
FLAMINGO Coconut, Rockmelon, Dragonfruit, Apple .....	8.5

## SMOOTHIES

BLISS Mango, Banana, Peach, Pear, Citrus .....	10
TROPICAL GREEN Kiwi, Lime, Pear, Peach, Banana, Mango, Leafy Greens .....	10

## COFFEE FIVE SENSES COFFEE HOUSE BLEND - SEASONAL SINGLE ORIGIN

ESPRESSO Single Origin .....	3.5
BLACK Single Origin .....	4.5
MILK Five Senses Coffee House Blend .....	4.5
DECAF .....	0.5
EXTRA SHOT / MUG .....	0.5
ALTERNATIVE MILKS Almond, Oat, Soy, Lactose Free, Coconut .....	0.5
HOT CHOC / MOCHA / CHAI LATTE / MATCHA LATTE .....	5
ICED LATTE / ICED LONG BLACK .....	5.5
ICED CHAI / ICED MATCHA .....	6
ICED COFFEE / ICED CHOCOLATE / ICE MOCHA All served with ice cream .....	7.5

## TEA BY RIPPLE EFFECT TEA CO

RUBY BREAKFAST Ruby Red Ceylon .....	5
EARL GREY Ceylon, Organic Bergamot Oil, Corn Flowers .....	5
HERB GARDEN Aromatic Herbs, Ginger, Lemongrass, Chamomile .....	5
PEPPERMINT Premium Whole Leaf Peppermint .....	5
MOONLIGHT ROSE Wild Ancient White Tea, Rose .....	5.5
GREEN 'ANCIENT BAKED HEART' Limited Artisanal Release Green Tea .....	5.5

## TIISCH COCKTAILS

BLOODY MARY Vodka, Tomato, Lemon, Smoky Adobo, Chipotle Chilli .....	VG	16
MIMOSA Citrus, Peach, Prosecco .....	VG	14
ROSE SPRITZER Sparkling Rose, Herbs & Botanicals, Raspberry .....	VG	14
SANGRIA Red Wine, Citrus, Port, Apple, Prosecco .....		14
ESPRESSO MARTINI Vodka, Coffee Liqueur, Cold Brew Coffee .....	VG	17

## BEER & CIDER

PIRATE LIFE (ON TAP) SOUTHCOAST PALE ALE Pale Ale 4.4% .....	SCHOONER	10
BEERFARM Apple Cider 4.8% .....	375ML	10
BEERFARM WEST COAST LAGER German Style Lager 4.4% .....	375ML	12
BEERFARM ROYAL HAZE Hazy IPA 5.8% .....	375ML	12

## BUBBLES

		150ML	BTL
THE {SUM} Prosecco .....	Veneto ITALY	VG	10   44
SIDEWOOD Sparkling .....	Adelaide Hills SA	VG	13   57
ZONZO Sparkling Moscato .....	Murray Darling NSW	VG	13   57

## WHITE / ROSE WINE

			150ML	BTL
THE {SUM} Sauvignon Blanc .....	Great Southern WA	VG	10	44
PATRITTI Vermentino .....	Adelaide Hills SA		12	52
LA VIOLETTA 'YE-YE' Riesling Blend .....	Great Southern WA	M, VG		64
LA PROVA Fiano .....	Adelaide Hills SA	SV, M, VG		57
SKIGH 'CODA' Chardonnay .....	Margaret River WA	M, VG	14	59
THE {SUM} Rose .....	Great Southern WA	VG	10	44

## RED WINE

			150ML	BTL
PIKES Shiraz Tempranillo .....	Clare Valley SA	VG	10	44
CIRILLO 'THE VINCENT' Grenache .....	Barossa Valley SA	M, VG	13	57
ZONZO Pinot Noir .....	Yarra Valley VIC	SV, VG		65
FERVOR Syrah .....	Frankland River WA	M, VG		68
LS MERCHANTS 'HOI POLLOI' Cab Sauvignon .....	Margaret River WA	M, VG	14	59

M MINIMAL INTERVENTION SV SINGLE VINEYARD VG VEGAN