

BREAKFAST SET MENU

INCLUDES ONE NON-ALCOHOLIC BEVERAGE
\$30 PP

APPETISER

MACADAMIA NUT GRANOLA

ORANGE SCENTED YOGHURT, BANANA, BERRY COMPOTE, SEEDS, NUTS
(VO) (GFO) (V)

CHOICE OF MAIN

AVOCADO TOAST

HUMMUS, FRESH CHEESE, DRIED TOMATOES, POACHED EGG
(VO) (GFO) (V)

CONFIT SALMON & EGGS BENEDICT

SOURDOUGH, SAUTÉED SPINACH, CHAMPAGNE HOLLANDAISE
(GFO) (PESC)

STEAK & EGGS BENEDICT

SOURDOUGH, SAUTÉED SPINACH, CHAMPAGNE HOLLANDAISE
(GFO)

BACON & EGGS BENEDICT

SOURDOUGH, SAUTÉED SPINACH, CHAMPAGNE HOLLANDAISE
(GFO)

CINNAMON PANCAKES

POACHED PEAR, BERRIES, VANILLA BEAN ICE CREAM, CHOCOLATE CRUMBS, CANADIAN MAPLE SYRUP
(V)

BRUNCH GNOCCHI

MANY MUSHROOMS, SPINACH, SLOW COOKED EGG, REGGIANO CHEESE VELOUTÉ
(V)

MANY MUSHROOMS ON TOAST

HERBED ITALIAN CHEESE, SAUTÉED SPINACH, SOFT EGG
(VO) (GFO) (V)

CHILLI SCRAMBLED EGGS

SOURDOUGH BREAD, AVOCADO, DRIED TOMATO
(V)(GFO)

SUPERFOOD SALAD

ROASTED FENNEL, PUMPKIN, COURGETTES, SQUASH, CHATS, QUINOA, SEEDS, NUTS
(VEGAN) (GF) (DF)

ADD POACHED EGG 4 ADD GRILLED CHICKEN 7 ADD CONFIT SALMON 7

(VO)=VEGAN OPTION AVAILABLE (GF)=GLUTEN FREE (GFO)=GLUTEN FREE OPTION AVAILABLE (V)=VEGETARIAN (PESC)=PESCATARIAN (DF)=DAIRY FREE

TIISCH CAFÉ BISTRO IS AVAILABLE FOR PRIVATE EVENTS

DRINKS

SODA

CAPI GRAPEFRUIT / BLOOD ORANGE / CRANBERRY 6.5

KOMBUCHA

KOMMUNITY BREW ORGANIC & NATURAL PROCESSES 7
WATER KEFIR MADE W JAPANESE WATER CRYSTALS, ORGANIC & NATURAL PROCESSES 7

COLD PRESSED JUICE

VITAMIN C FRESH PRESSED VALENCIA ORANGES 9
AN APPLE A DAY FRESH PRESSED WA APPLES 9
ESSENTIAL NUTRIENTS COCONUT, MELON, PINK LADY APPLE, RED DRAGONFRUIT 9
LEAFY GREENS LEAFY GREEN KALE, PRESSED WA APPLES, FRESH LEMON 9
IMMUNISATION PEAR, CARROT, APPLE, GINGER, PINEAPPLE 9

SMOOTHIES

MANIC MONDAY BANANA, CINNAMON, OATMEAL, APPLE 9.5
BLISS BANANA, MANGO, PEACH, PEAR, CITRUS 9.5
TROPICAL GREEN KIWI, LIME, PEAR, PEACH, BANANA, MANGO 9.5

BLACK COFFEE

ESPRESSO SINGLE ORIGIN 4/4.5
LONG BLACK SINGLE ORIGIN 4.5
FILTER -SINGLE ORIGIN POUR OVER 4.5
COLD BREW -SINGLE ORIGIN DELICATE, FRUITY, AROMATIC, 15 HOUR EXTRACTION 6

MILK COFFEE

FLAT WHITE / CAPPUCCINO / LATTE TIISCH BLEND / SINGLE ORIGIN 4.5
SHORT MACCHIATO TIISCH BLEND / SINGLE ORIGIN 4.5
LONG MACCHIATO / MOCHA TIISCH BLEND / SINGLE ORIGIN 5.5

HOT DRINKS

HOT CHOCOLATE HUSHBLEND 5
CHAI LATTE LOOSE LEAF BLACK TEA, WHOLE INDIAN SPICES, HONEY 5.5
MATCHA LATTE -SINGLE ORIGIN MIKO MATCHA, NISHIO (JAPAN) 5.5
BABY CINO 2
AFFOGATO DOUBLE ESPRESSO, VANILLA BEAN GELATO 6.5
ADD FRANGELICO 13 ADD BAILEYS 13

ALTERNATIVE MILK

LACTOSE FREE / BONSOY / OAT MILK / ALMOND MILK / MACADAMIA MILK / COCONUT MILK .50

COLD DRINKS

ICED LATTE SERVED OVER ICE 6
ICED COFFEE SERVED OVER ICE / W VANILLA BEAN ICE CREAM 8
ICED CHOCOLATE SERVED OVER ICE / W VANILLA BEAN ICE CREAM 7
ICED TEA WHITE TEA & ROSE / BLACK TEA & LEMON 6
ICED CHAI SOUL CHAI, SERVED OVER ICE 6

TEA ORGANIC BLACK

RUBY BREAKFAST RUBY RED CEYLON, ROBUST, SATISFYING, ENERGISING 5.5
FEEL GOOD CHAI WARMING SPICES, LOOSE LEAF CEYLON, WA HONEY, HEARTFELT & COMFORTING 6
EARL GREY CEYLON, ORGANIC BERGAMOT OIL, CORN FLOWERS, CLASSIC & FRAGRANT 5.5
MEANINGFUL RED HANDMADE SRI LANKAN BLACK TEA, REFRESHING HERBS, SWEET & UPLIFTING 6

TEA ORGANIC HERBAL -CAFFEINE FREE

HERB GARDEN BLEND OF AROMATIC & HEALING HERBS, REFRESHING & UPLIFTING 5.5
LEMONGRASS & GINGER HERBAL TISANE - ZESTY, VIBRANT & STIMULATING 5.5
PEPPERMINT PREMIUM WHOLE LEAF PEPPERMINT, STRONG AROMA, LIVELY & FRESH 5.5

TEA ORGANIC CHINESE

MOONLIGHT ROSE WILD ANCIENT WHITE TEA, DELICATE & CALMING ROSE 5.5
ANCIENT BAKED HEART GREEN TEA, LIMITED ARTISANAL RELEASE, MEMORABLE & WHOLESOME 6.5
HONEY I'M HOME YUNNAN BLACK NEEDLE, SOOTHING FLORALS, COSY & COMFORTING 6.5
RARE EARTH PUER FERMENTED BLACK TEA, ASTRAGALUS ROOT, GINSENG, DEEP, THOUGHT PROVOKING 6.5

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