

BRUNCH

CREAM CHEESE BAGEL				(V)	7	
HAM, CHEESE & TOMATO BAGEL				(V)	10	
BREAKFAST BAGEL	BACON, CHEDDAR, RUNNY FRIED EGG, BBQ			(V)	14	
SALMON, AVOCADO & CREAM CHEESE BAGEL				(V)	14	
MACADAMIA NUT GRANOLA	BANANA, BERRY COMPOTE, SEEDS, NUTS, ORANGE SCENTED YOGHURT			(V)	16.5	
	GLUTEN FREE OPTION		ADD 1			
MIKO MATCHA PANCAKES	STRAWBERRY, RHUBARB, VANILLA BEAN GELATO, WHITE CHOCOLATE CRUMBS, MAPLE SYRUP			(V)	21	
	GOES WELL WITH BACON		6			
EGGS ON TOAST	POACHED, FRIED OR SCRAMBLED FREMANTLE FREE RANGE EGGS			(V)	14	
	GOES WELL WITH COLD PRESSED JUICE		9			
CHILLI SCRAMBLED EGGS	SOURDOUGH BREAD, AVOCADO, DRIED TOMATO			(V)	19	
	GOES WELL WITH SAUTÉED MUSHROOMS		6			
STEAK & EGGS BENEDICT	SOURDOUGH, SAUTÉED SPINACH, HOLLANDAISE SAUCE				25	
	GOES WELL WITH SMASHED AVOCADO		6			
SALMON & EGGS BENEDICT	SOURDOUGH, SAUTÉED SPINACH, HOLLANDAISE SAUCE				25	
	GOES WELL WITH BACON		6			
BACON & EGGS BENEDICT	SOURDOUGH, SAUTÉED SPINACH, HOLLANDAISE SAUCE				25	
	GOES WELL WITH SMASHED AVOCADO		6			
AVOCADO TOAST	HUMMUS, HERBED FRESH CHEESE, DRIED TOMATOES, POACHED EGG			(VEGAN OPTION AVAIL)(V)	22	
	GOES WELL WITH BACON		6			
MANY MUSHROOMS ON TOAST	HERBED ITALIAN CHEESE, SAUTÉED SPINACH, SOFT EGG			(VEGAN OPTION AVAIL)(V)	22	
	GOES WELL WITH CHEESE KRANSKY SAUSAGE		6			
SUMMER SUPERFOOD SALAD	ROASTED FENNEL, PUMPKIN, COURGETTES, SQUASH, CHATS, QUINOA, SEEDS, NUTS			(VEGAN)(GF)(DF)	20	
	ADD POACHED EGG	4	ADD GRILLED CHICKEN	7	ADD SMOKED SALMON	7
SALMON NIÇOISE SALAD	HEIRLOOM TOMATO, POTATO, SICILIAN OLIVES, BEANS, SOFT EGG, TARRAGON VINAIGRETTE			(GF)(DF)	28.5	
	GOES WELL WITH GLASS OF THE SUM SAUVIGNON BLANC		9			
BRUNCH GNOCCHI	MANY MUSHROOMS, SOFT EGG, SAUTÉED SPINACH, PARSLEY, REGGIANO CHEESE VELOUTÉ			(V)	24	
	GOES WELL WITH BACON		6			
GRILLED STEAK SANDWICH	PROVOLONE CHEESE, GREEN TOMATO, BALSAMIC ONIONS, STEAK SAUCE, FRIES				24	
	GOES WELL WITH GLASS OF BEER		5			
WAGYŪ BEEF BURGER & FRENCH FRIES	AGED CHEDDAR, LETTUCE, TOMATO, PICKLES, CLASSIC SAUCES				24	
	GOES WELL WITH GLASS OF BEER		5			
STEAK & FRIES	STIRLING RANGES RUMP CAP, GARDEN SALAD, FRENCH FRIES, OUR OWN STEAK SAUCE			(GF)	27	
	GOES WELL WITH GLASS OF BEER		5			

EXPRESS LUNCH

COMPLIMENTARY JUICE, BEER OR WINE ON ARRIVAL MEAL SERVED IN UNDER 20MIN OR ITS FREE

BRAISED BEEF CHEEK	CREAMY PARIS MASH, TOMATO JUS & GARDEN SALAD			(GF)	25
SLOW COOKED LAMB SHOULDER	CREAMY PARIS MASH, GARDEN SALAD			(GF)	25

SIDES

POACHED/FRIED FREE RANGE EGG	4	SCRAMBLED EGGS	8
SAUTÉED SPINACH	DRIED TOMATOES	FRESH MARINATED TOMATOES	4
SMASHED AVOCADO	MUSHROOMS	CHEESE KRANSKY SAUSAGE	BACON
SMOKED SALMON			7
SOURDOUGH TOAST	MULTIGRAIN TOAST	GERMAN RYE TOAST	WHOLEMEAL TOAST
GLUTEN FREE TOAST			7
FRENCH FRIES	Tiisch Mayo		(GF) 9

DESSERT

MATCHA-PANDAN CAKE	(GF) 5.5	ORANGE & ALMOND CAKE	(GF) 4.5	PROTEIN BALL	(DF)(GF)(VEGAN) 4.5
LEMON DRIZZLE CAKE	4.5	Tiisch MUESLI BAR	4.5	RED VELVET BROWNIE	6.5
PEANUT-BUTTER-CHOC BROWNIE	6.5	MILLIONAIRE CARAMEL SLICE	4.5	BANANA BREAD	4.5
AFFOGATO	DOUBLE ESPRESSO, VANILLA BEAN GELATO				6.5
		ADD FRANGELICO	13	ADD BAILEYS	13

Tiisch

DRINKS

SODA

CAPI GRAPEFRUIT / BLOOD ORANGE / CRANBERRY 6.5

KOMBUCHA

KOMMUNITY BREW ORGANIC & NATURAL PROCESSES 7
WATER KEFIR MADE W JAPANESE WATER CRYSTALS, ORGANIC & NATURAL PROCESSES 7

COLD PRESSED JUICE

VITAMIN C FRESH PRESSED VALENCIA ORANGES 9
AN APPLE A DAY FRESH PRESSED WA APPLES 9
ESSENTIAL NUTRIENTS COCONUT, MELON, PINK LADY APPLE, RED DRAGONFRUIT 9
LEAFY GREENS LEAFY GREEN KALE, PRESSED WA APPLES, FRESH LEMON 9
IMMUNISATION PEAR, CARROT, APPLE, GINGER, PINEAPPLE 9

SMOOTHIES

MANIC MONDAY BANANA, CINNAMON, OATMEAL, APPLE 9.5
BLISS BANANA, MANGO, PEACH, PEAR, CITRUS 9.5
TROPICAL GREEN KIWI, LIME, PEAR, PEACH, BANANA, MANGO 9.5

BLACK COFFEE

ESPRESSO SINGLE ORIGIN 4/4.5
LONG BLACK SINGLE ORIGIN 4.5
FILTER -SINGLE ORIGIN POUR OVER 4.5
COLD BREW -SINGLE ORIGIN DELICATE, FRUITY, AROMATIC, 15 HOUR EXTRACTION 6

MILK COFFEE

FLAT WHITE / CAPPUCCINO / LATTE TIISCH BLEND / SINGLE ORIGIN 4.5
SHORT MACCHIATO TIISCH BLEND / SINGLE ORIGIN 4.5
LONG MACCHIATO / MOCHA TIISCH BLEND / SINGLE ORIGIN 5.5

HOT DRINKS

HOT CHOCOLATE BAHEN & CO 33% 5
CHAI LATTE LOOSE LEAF BLACK TEA, WHOLE INDIAN SPICES, HONEY 5.5
MATCHA LATTE -SINGLE ORIGIN MIKO MATCHA, NISHIO (JAPAN) 5.5
BABY CINO 2
AFFOGATO DOUBLE ESPRESSO, VANILLA BEAN GELATO 6.5
ADD FRANGELICO 13 ADD BAILEYS 13

ALTERNATIVE MILK

LACTOSE FREE / BONSOY / OAT MILK / ALMOND MILK / MACADAMIA MILK / COCONUT MILK .50

COLD DRINKS

ICED LATTE SERVED OVER ICE 6
ICED COFFEE SERVED OVER ICE / W VANILLA BEAN ICE CREAM 8
ICED CHOCOLATE SERVED OVER ICE / W VANILLA BEAN ICE CREAM 7
ICED TEA WHITE TEA & ROSE / BLACK TEA & LEMON 6
ICED CHAI SOUL CHAI, SERVED OVER ICE 6

TEA ORGANIC BLACK

RUBY BREAKFAST RUBY RED CEYLON, ROBUST, SATISFYING, ENERGISING 5.5
FEEL GOOD CHAI WARMING SPICES, LOOSE LEAF CEYLON, WA HONEY, HEARTFELT & COMFORTING 6
EARL GREY CEYLON, ORGANIC BERGAMOT OIL, CORN FLOWERS, CLASSIC & FRAGRANT 5.5
MEANINGFUL RED HANDMADE SRI LANKAN BLACK TEA, REFRESHING HERBS, SWEET & UPLIFTING 6

TEA ORGANIC HERBAL -CAFFEINE FREE

HERB GARDEN BLEND OF AROMATIC & HEALING HERBS, REFRESHING & UPLIFTING 5.5
LEMONGRASS & GINGER HERBAL TISANE - ZESTY, VIBRANT & STIMULATING 5.5
PEPPERMINT PREMIUM WHOLE LEAF PEPPERMINT, STRONG AROMA, LIVELY & FRESH 5.5

TEA ORGANIC CHINESE

MOONLIGHT ROSE WILD ANCIENT WHITE TEA, DELICATE & CALMING ROSE 5.5
ANCIENT BAKED HEART GREEN TEA, LIMITED ARTISANAL RELEASE, MEMORABLE & WHOLESOME 6.5
HONEY I'M HOME YUNNAN BLACK NEEDLE, SOOTHING FLORALS, COSY & COMFORTING 6.5
RARE EARTH PUER FERMENTED BLACK TEA, ASTRAGALUS ROOT, GINSENG, DEEP, THOUGHT PROVOKING 6.5

TIISCH CAFÉ BISTRO IS AVAILABLE FOR PRIVATE EVENTS