

BRUNCH

CREAM CHEESE BAGEL				(V)	7	
HAM, CHEESE & TOMATO BAGEL				(V)	10	
BREAKFAST BAGEL	BACON, CHEDDAR, RUNNY FRIED EGG, BBQ			(V)	14	
SALMON, AVOCADO & CREAM CHEESE BAGEL				(V)	14	
MACADAMIA NUT GRANOLA	BANANA, BERRY COMPOTE, SEEDS, NUTS, ORANGE SCENTED YOGHURT			(V)	16.5	
	GLUTEN FREE OPTION		ADD 1			
MIKO MATCHA PANCAKES	STRAWBERRY, RHUBARB, VANILLA BEAN GELATO, WHITE CHOCOLATE CRUMBS, MAPLE SYRUP			(V)	21	
	GOES WELL WITH BACON		6			
EGGS ON TOAST	POACHED, FRIED OR SCRAMBLED FREMANTLE FREE RANGE EGGS			(V)	14	
	GOES WELL WITH COLD PRESSED JUICE		9			
CHILLI SCRAMBLED EGGS	SOURDOUGH BREAD, AVOCADO, DRIED TOMATO			(V)	19	
	GOES WELL WITH SAUTÉED MUSHROOMS		6			
STEAK & EGGS BENEDICT	SOURDOUGH, SAUTÉED SPINACH, HOLLANDAISE SAUCE				25	
	GOES WELL WITH SMASHED AVOCADO		4			
SALMON & EGGS BENEDICT	SOURDOUGH, SAUTÉED SPINACH, HOLLANDAISE SAUCE				25	
	GOES WELL WITH BACON		6			
BACON & EGGS BENEDICT	SOURDOUGH, SAUTÉED SPINACH, HOLLANDAISE SAUCE				25	
	GOES WELL WITH SMASHED AVOCADO		6			
AVOCADO TOAST	HUMMUS, HERBED FRESH CHEESE, DRIED TOMATOES, POACHED EGG			(VEGAN OPTION AVAIL)(V)	22	
	GOES WELL WITH BACON		6			
MANY MUSHROOMS ON TOAST	HERBED ITALIAN CHEESE, SAUTÉED SPINACH, SOFT EGG			(VEGAN OPTION AVAIL)(V)	22	
	GOES WELL WITH CHEESE KRANSKY SAUSAGE		6			
WINTER SUPERFOOD SALAD	ROASTED FENNEL, PUMPKIN, COURGETTES, SQUASH, CHATS, QUINOA, SEEDS, NUTS	(VEGAN)(GF)(DF)			20	
	ADD POACHED EGG	4	ADD GRILLED CHICKEN	7	ADD SMOKED SALMON	7
BRUNCH GNOCCHI	MANY MUSHROOMS, SOFT EGG, SAUTÉED SPINACH, PARSLEY, REGGIANO CHEESE VELOUTÉ			(V)	24	
	GOES WELL WITH BACON		6			
BRAISED LAMB & TOMATO PASTA	DRIED OLIVE, CHILLI, SAUTÉED SPINACH, REGGIANO CHEESE VELOUTÉ				24	
	GOES WELL WITH COLD PRESSED JUICE		9			
GRILLED STEAK SANDWICH	PROVOLONE CHEESE, GREEN TOMATO, BALSAMIC ONIONS, STEAK SAUCE, FRIES				24	
	GOES WELL WITH COLD PRESSED JUICE		9			
WAGYŪ BEEF BURGER & FRENCH FRIES	AGED CHEDDAR, LETTUCE, TOMATO, PICKLES, CLASSIC SAUCES				24	
	GOES WELL WITH COLD PRESSED JUICE		9			
STEAK & FRIES	STIRLING RANGES RUMP CAP, GARDEN SALAD, FRENCH FRIES, OUR OWN STEAK SAUCE			(GF)	27	
	GOES WELL WITH SAUTÉED MUSHROOMS		6			

EXPRESS LUNCH

COMPLIMENTARY JUICE, BEER OR WINE ON ARRIVAL MEAL SERVED IN UNDER 20MIN OR ITS FREE

BRAISED BEEF CHEEK	CREAMY PARIS MASH, TOMATO JUS & GARDEN SALAD	(GF)	25
SLOW COOKED LAMB SHOULDER	CREAMY PARIS MASH, GARDEN SALAD	(GF)	25

SIDES

POACHED/FRIED FREE RANGE EGG	4	SCRAMBLED EGGS	8	
SAUTÉED SPINACH	DRIED TOMATOES	FRESH MARINATED TOMATOES	4	
SMASHED AVOCADO	MUSHROOMS	CHEESE KRANSKY SAUSAGE	BACON	6
SMOKED SALMON			7	
SOURDOUGH TOAST	MULTIGRAIN TOAST	GERMAN RYE TOAST	WHOLEMEAL TOAST	6
GLUTEN FREE TOAST			7	
FRENCH FRIES	TII SCH MAYO		(GF)	9

CAKES & SLICES

MATCHA-PANDAN CAKE	(GF)	5.5	ORANGE & ALMOND CAKE	(GF)	4.5	PROTEIN BALL	(DF)(GF)(VEGAN)	4.5
LEMON DRIZZLE CAKE		4.5	TII SCH MUESLI BAR		4.5	RED VELVET BROWNIE		6.5
PEANUT-BUTTER-CHOC BROWNIE		6.5	MILLIONAIRE CARAMEL SLICE		4.5	BANANA BREAD		4.5

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TII SCH CAFÉ BISTRO IS AVAILABLE FOR PRIVATE EVENTS

DRINKS

SODA

CAPI GRAPEFRUIT / BLOOD ORANGE / CRANBERRY 6.5

KOMBUCHA

KOMMUNITY BREW ORGANIC & NATURAL PROCESSES 7
 WATER KEFIR MADE W JAPANESE WATER CRYSTALS, ORGANIC & NATURAL PROCESSES 7

COLD PRESSED JUICE

VITAMIN C FRESH PRESSED VALENCIA ORANGES 9
 AN APPLE A DAY FRESH PRESSED WA APPLES 9
 ESSENTIAL NUTRIENTS COCONUT, MELON, PINK LADY APPLE, RED DRAGONFRUIT 9
 LEAFY GREENS LEAFY GREEN KALE, PRESSED WA APPLES, FRESH LEMON 9
 IMMUNISATION PEAR, CARROT, APPLE, GINGER, PINEAPPLE 9

SMOOTHIES

MANIC MONDAY BANANA, CINNAMON, OATMEAL, APPLE 9.5
 BLISS BANANA, MANGO, PEACH, PEAR, CITRUS 9.5
 TROPICAL GREEN KIWI, LIME, PEAR, PEACH, BANANA, MANGO 9.5

BLACK COFFEE

ESPRESSO SINGLE ORIGIN 4/4.5
 LONG BLACK SINGLE ORIGIN 4.5
 FILTER -SINGLE ORIGIN POUR OVER 4.5
 COLD BREW -SINGLE ORIGIN DELICATE, FRUITY, AROMATIC, 15 HOUR EXTRACTION 6

MILK COFFEE

FLAT WHITE / CAPPUCCINO / LATTE TIISCH BLEND / SINGLE ORIGIN 4.5
 SHORT MACCHIATO TIISCH BLEND / SINGLE ORIGIN 4.5
 LONG MACCHIATO / MOCHA TIISCH BLEND / SINGLE ORIGIN 5.5

HOT DRINKS

HOT CHOCOLATE KALI 33% 5
 CHAI LATTE LOOSE LEAF BLACK TEA, WHOLE INDIAN SPICES, HONEY 5.5
 MATCHA LATTE -SINGLE ORIGIN MIKO MATCHA, NISHIO (JAPAN) 5.5
 BABY CINO 2

ALTERNATIVE MILK

LACTOSE FREE / BONSOY / OAT MILK / ALMOND MILK / MACADAMIA MILK / COCONUT MILK .50

COLD DRINKS

ICED LATTE SERVED OVER ICE 6
 ICED COFFEE SERVED OVER ICE / W VANILLA BEAN ICE CREAM 8
 ICED CHOCOLATE SERVED OVER ICE / W VANILLA BEAN ICE CREAM 7
 ICED TEA WHITE TEA & ROSE / BLACK TEA & LEMON 6
 ICED CHAI SOUL CHAI, SERVED OVER ICE 6

TEA ORGANIC BLACK

RUBY BREAKFAST RUBY RED CEYLON, ROBUST, SATISFYING, ENERGISING 5.5
 FEEL GOOD CHAI WARMING SPICES, LOOSE LEAF CEYLON, WA HONEY, HEARTFELT & COMFORTING 6
 EARL GREY CEYLON, ORGANIC BERGAMOT OIL, CORN FLOWERS, CLASSIC & FRAGRANT 5.5
 MEANINGFUL RED HANDMADE SRI LANKAN BLACK TEA, REFRESHING HERBS, SWEET & UPLIFTING 6

TEA ORGANIC HERBAL -CAFFEINE FREE

HERB GARDEN BLEND OF AROMATIC & HEALING HERBS, REFRESHING & UPLIFTING 5.5
 LEMONGRASS & GINGER HERBAL TISANE - ZESTY, VIBRANT & STIMULATING 5.5
 PEPPERMINT PREMIUM WHOLE LEAF PEPPERMINT, STRONG AROMA, LIVELY & FRESH 5.5

TEA ORGANIC CHINESE

MOONLIGHT ROSE WILD ANCIENT WHITE TEA, DELICATE & CALMING ROSE 5.5
 ANCIENT BAKED HEART GREEN TEA, LIMITED ARTISANAL RELEASE, MEMORABLE & WHOLESOME 6.5
 HONEY I'M HOME YUNNAN BLACK NEEDLE, SOOTHING FLORALS, COSY & COMFORTING 6.5
 RARE EARTH PUER FERMENTED BLACK TEA, ASTRAGALUS ROOT, GINSENG, DEEP, THOUGHT PROVOKING 6.5

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