

# Tisch



NEW LONG-LIFE, HEAT AT HOME RANGE  
WONDERFULLY PREPARED MEDITERRANEAN CUISINE  
PERFECTLY COOKED RESTAURANT DISHES  
ONE MONTH SHELF-LIFE IN THE FRIDGE  
FROM FRIDGE TO PLATE IN MINUTES  
VACUUM PACKED

ALL DISHES ARE DESIGNED TO BE ENJOYED WITH ANOTHER SIDE DISH.  
FOR EXAMPLE  
PORK & FENNEL BANGERS + CREAMY PARIS MASH = A DELICIOUS MEAL

## MEAT DISHES

BRAISED BEEF CHEEK IN TOMATO JUS 250G	(GF)(DF)	13
12 HOUR PORK SHOULDER IN MUSTARD SAUCE 250G	(GF)	13
SLOW COOKED LAMB SHOULDER IN GARLIC & THYME SUGO 250G	(GF)(DF)	13
PORK & FENNEL BANGERS IN ONION JUS 250G	(GF)(DF)	13

## ITALIAN SIDE DISHES

ORECCHIETTE PASTA	- MANY MUSHROOMS & REGGIANO CHEESE VELOUTÉ 250G	(V)	9
GNOCCHI	- HEIRLOOM TOMATO NAPOLETANA, FRESH OREGANO 250G	(V)	9
RISOTTO	- ROAST PUMPKIN, MASCARPONE, PARMESAN, BASIL 250G	(V)(GF)	9

## POTATO SIDE DISHES

HERBED CHAT POTATOES 250G	(VEGAN)(GF)	9
CREAMY PARIS MASH 250G	(V)(GF)	9

## VEGAN SIDE DISHES

ROASTED BUTTERNUT PUMPKIN 250G	(VEGAN)(GF)	9
GRILLED AUTUMN VEGETABLES - COURGETTES, SQUASH, FENNEL 250G	(VEGAN)(GF)	9