

PLEASE PLACE YOUR ORDER AT THE COUNTER

BRUNCH

MACADAMIA NUT GRANOLA	BANANA, BERRY COMPOTE, SEEDS, NUTS, CHOOSE ONE OF OUR MANY YOGHURTS OR MILKS	(V)(DF)	18
	GLUTEN FREE VERSION - COASTAL CRUNCH GRANOLA		19
MIKO MATCHA PANCAKES	STRAWBERRY, RHUBARB, VANILLA BEAN ICE CREAM, WHITE CHOCOLATE CRUMBS, MAPLE SYRUP	(V)	24
	GOES WELL WITH BACON		6
EGGS ON TOAST	POACHED, FRIED OR SCRAMBLED FREMANTLE FREE RANGE EGGS	(V)	16
	GOES WELL WITH COLD PRESSED GOOD VIBES JUICE		8.50
BACON & EGGS ON TOAST	POACHED, FRIED OR SCRAMBLED FREMANTLE FREE RANGE EGGS		22
	GOES WELL WITH COLD PRESSED GOOD VIBES JUICE		8.50
STEAK & EGGS BENEDICT	SOURDOUGH, SAUTÉED SPINACH, HOLLANDAISE SAUCE		27
	GOES WELL WITH BACON		6
CONFIT SALMON & EGGS BENEDICT	SOURDOUGH, SAUTÉED SPINACH, HOLLANDAISE SAUCE		27
	GOES WELL WITH BACON		6
BACON & EGGS BENEDICT	SOURDOUGH, SAUTÉED SPINACH, HOLLANDAISE SAUCE		26
	GOES WELL WITH SMASHED AVOCADO		6
AVOCADO TOAST	HUMMUS, FRESH CHEESE, DRIED TOMATOES, POACHED EGG	(V)	22
	GOES WELL WITH BACON		6
MANY MUSHROOMS ON TOAST	HERBED ITALIAN CHEESE, SAUTÉED SPINACH, SOFT EGG	(V)	22
	GOES WELL WITH CHEESE KRANSKY SAUSAGE		6
BREAKFAST GNOCCHI	MANY MUSHROOMS, SPINACH, SLOW COOKED EGG, REGGIANO CHEESE VELOUTÉ		26
	GOES WELL WITH COLD PRESSED DETOX JUICE		8.50
AUTUMN SUPERFOOD SALAD	QUINOA, PUMPKIN, ROASTED BRUSSELS, ASPARAGUS, SPINACH, HERBS, NUTS, SEEDS	(VEGAN)(GF)(DF)	24
	ADD POACHED EGG 4 ADD GRILLED CHICKEN 7 ADD CONFIT SALMON 7		
SLOW COOKED LAMB SALAD	COUS COUS, CHARRED PEPPERS, ALMONDS, FETTA, CHERMOULA		29.50
	GOES WELL WITH A GLASS OF '2016 CABERNET SAUVIGNON'		9
GRILLED STEAK SANDWICH	PANCETTA, CARAMELISED ONION, CHEDDAR, FRIES, TRUFFLE AIOLI		27
	GOES WELL WITH A SCHOONER OF 'SINGLE FIN, GAGE ROADS BEER'		7
WAGYŪ BEEF BURGER & FRENCH FRIES	AGED CHEDDAR, LETTUCE, TOMATO, PICKLES, CLASSIC SAUCES		27
	GOES WELL WITH A SCHOONER OF 'SINGLE FIN, GAGE ROADS BEER'		9
BEEF CHEEK GNOCCHI	BEEF CHEEK & TOMATO RAGŪ, SPINACH, PARSLEY, REGGIANO CHEESE VELOUTÉ		29.50
	GOES WELL WITH A GLASS OF '2016 CABERNET SAUVIGNON'		9
STEAK & FRIES	STIRLING RANGES RUMP CAP, GARDEN SALAD, FRENCH FRIES, OUR OWN HERB STEAK SAUCE	(GF)	29.50
	GOES WELL WITH A GLASS OF '2016 CABERNET SAUVIGNON'		9
FREMANTLE SWORDFISH	GRILLED, SWEET POTATO PURÉE, BROCCOLINI-ASPARAGUS SALAD, ROASTED HAZELNUTS, BALSAMIC DRESSING		29.50
	GOES WELL WITH A GLASS OF '2017 CHARDONNAY'		12

SIDES

POACHED/FRIED FREE RANGE EGG	4	SCRAMBLED EGGS	8	
SAUTÉED SPINACH	DRIED TOMATOES	FRESH MARINATED TOMATOES	4	
SMASHED AVOCADO	MUSHROOMS	CHEESE KRANSKY SAUSAGE	BACON	6
SMOKED SALMON	CONFIT SALMON			7
SOURDOUGH TOAST	MULTIGRAIN TOAST	GERMAN RYE TOAST	WHOLEMEAL TOAST	6
GLUTEN FREE TOAST				7
FRENCH FRIES	TRUFFLE MAYONNAISE			(GF) 9
STEAMED GREEN BEANS	SEA SALT, EVOO			(GF)(DF)(V) 9

TIISCH CAFÉ BISTRO IS AVAILABLE FOR PRIVATE EVENTS

DRINKS

CAPRI

SPARKLING FRUIT SODA GRAPEFRUIT / BLOOD ORANGE / CRANBERRY 6

KOMBUCHA

KOMMUNITY BREW GINGER & TURMERIC / RASPBERRY 6.5

COLD PRESSED JUICE

GOOD VIBES ORANGE, PINEAPPLE, PASSIONFRUIT, COCONUT WATER 8.50

SWEET GREENS KALE, APPLE, SPINACH, PINEAPPLE, CUCUMBER, APPLE, MINT 8.50

IMMUNITY CARROT, APPLE, GINGER, TURMERIC 8.50

DETOX KALE, CELERY, LEMON, PARSLEY, CUCUMBER, FENNEL 8.50

SLAM STRAWBERRY, LEMON, APPLE, MINT 8.50

SMOOTHIES

BLISS BANANA, MANGO, PEACH, PEAR, CITRUS 9.50

EX-HEMP-LARY KIWI, GINGER, LIME, HEMP PROTEIN, BANANA, PEAR, PEACH 9.50

BLACK COFFEE

ESPRESSO SINGLE ORIGIN 4/4.5

LONG BLACK SINGLE ORIGIN 4.5

BATCH BREW -SINGLE ORIGIN FILTER COFFEE 4

COLD DRIP -SINGLE ORIGIN VISCOUS, FULL-BODIED, FILTER COFFEE SERVED OVER ICE 6

MILK COFFEE

FLAT WHITE / CAPPUCCINO / LATTE TIISCH BLEND / SINGLE ORIGIN 4/4.5

SHORT MACCHIATO TIISCH BLEND / SINGLE ORIGIN 4/4.5

LONG MACCHIATO / MOCHA TIISCH BLEND / SINGLE ORIGIN 5/5.5

HOT

WHITE CHOCOLATE LATTE WHITE COVERTURE CHOCOLATE, ESPRESSO 5.50

HOT CHOCOLATE MASS ORGANIC CHOCOLATE, DOMINICAN REPUBLIC 5.50

CHAI LATTE LOOSE LEAF BLACK TEA, WHOLE INDIAN SPICES, HONEY 5.50

MATCHA LATTE -SINGLE ORIGIN MIKO MATCHA, NISHIO (JAPAN) 5.50

AFFOGATO VANILLA BEAN ICE CREAM, DOUBLE ESPRESSO / W FRANGELICO 6.5/13

BABY CINO 2

EXTRAS

DECAF / ESPRESSO SHOT / BONSOY / ALMOND MILK / COCONUT MILK .50

COLD

ICED COFFEE / MOCHA SERVED OVER ICE / W VANILLA BEAN ICE CREAM 5/7.50

ICED CHOCOLATE SERVED OVER ICE / W VANILLA BEAN ICE CREAM 6/8.50

ICED MATCHA SERVED OVER ICE / W VANILLA BEAN ICE CREAM 6/8.50

ICED TEA GREEN JASMINE & ROSE / BLACK TEA W LEMON & PEACH 6

ICED CHAI CHAI BABA LOOSE LEAF MASALA, SERVED OVER ICE 6

ARTISAN TEA

RUBY BREAKFAST RUBY RED COLOURED, ROBUST AND FULL-FLAVOURED BLACK TEA 5.5

CHAI HAND BLENDED LOOSE LEAF BLACK TEA, WHOLE INDIAN SPICES, HONEY 5.5

EARL GREY ORGANIC, FLORAL BERGAMOT AROMA 5.5

LEMONGRASS & GINGER ORGANIC, ZESTY, REFRESHING, VIBRANT 5.5

WHITE PEONY SILVER NEEDLE TEA BUDS WITH YOUNGEST WHITE LEAVES, FUJIAN (CHINA) 5.5

JASMINE DRAGON PEARLS HAND ROLLED SPRING BUDS SCENTED WITH FRAGRANT JASMINE FLOWER 5.5

MEANINGFUL GREEN LOOSE LEAF SPRING GREEN TEA, LEMON VERBENA, RED CLOVER FLOWER 5.5

ORGANIC GREEN TEA EARLY SPRING GAO LU, VIBRANT, FULL BODIED, SMOOTH, SWEET LINGER 5.5

ORGANIC PEPPERMINT FRESH HIGH GRADE ORGANIC PEPPERMINT LEAF, STRONG AROMA 5.5

HONEY I'M HOME WILD GOLDEN NEEDLE BUDS, CHAMOMILE, CHRYSANTHEMUM, CALENDULA 5.5

LUMBERJACK STIMULATING SIBERIAN GINSENG, FERMENTED PU'ER, ASTRAGALUS ROOT 5.5