

PLEASE PLACE YOUR ORDER AT THE COUNTER

BREAKFAST

FRUIT & WALNUT TOAST	CHOOSE ONE OF OUR MANY CONDIMENTS		7.50
	GOES WELL WITH COLD PRESSED GOOD VIBES JUICE	8.50	
MACADAMIA NUT GRANOLA	BANANA, BERRY COMPOTE, SEEDS, NUTS. CHOOSE ONE OF OUR MANY YOGHURTS OR MILKS	(V)(DF)	16.50
	GLUTEN FREE VERSION - COASTAL CRUNCH GRANOLA	(GF)(DF)(V)	17
MIKO MATCHA PANCAKES	STRAWBERRY, RHUBARB, VANILLA BEAN ICE CREAM, WHITE CHOCOLATE CRUMBS, MAPLE SYRUP	(V)	22
	GOES WELL WITH BACON	6	
EGGS ON TOAST	POACHED, FRIED OR SCRAMBLED FREMANTLE FREE RANGE EGGS	(V)	14.50
	GOES WELL WITH COLD PRESSED GOOD VIBES JUICE	8.50	
BACON & EGGS ON TOAST	POACHED, FRIED OR SCRAMBLED FREMANTLE FREE RANGE EGGS		19.50
	GOES WELL WITH COLD PRESSED GOOD VIBES JUICE	8.50	
CHILLI SCRAMBLED EGGS	SOURDOUGH BREAD, AVOCADO, DRIED TOMATO	(V)	18
	GOES WELL WITH COLD PRESSED GOOD VIBES JUICE	8.50	
STEAK & EGGS BENEDICT	SOURDOUGH, SAUTÉED SPINACH, HOLLANDAISE SAUCE		25
	GOES WELL WITH BACON	6	
CONFIT SALMON & EGGS BENEDICT	SOURDOUGH, SAUTÉED SPINACH, HOLLANDAISE SAUCE		25
	GOES WELL WITH SMASHED AVOCADO	6	
BACON & EGGS BENEDICT	SOURDOUGH, SAUTÉED SPINACH, HOLLANDAISE SAUCE		24
	GOES WELL WITH SMASHED AVOCADO	6	
AVOCADO TOAST	HUMMUS, FRESH CHEESE, DRIED TOMATOES, POACHED EGG	(V)	20.50
	GOES WELL WITH BACON	6	
MANY MUSHROOMS ON TOAST	HERBED ITALIAN CHEESE, SAUTÉED SPINACH, SOFT EGG	(V)	20.50
	GOES WELL WITH CHEESE KRANSKY SAUSAGE	6	
TIISCH BRUSCHETTA	CHIVE NEUFCHÂTEL CHEESE, POACHED EGG, SEVEN HERB OIL, DRIED OLIVE	(V)	20
	GOES WELL WITH SMASHED AVOCADO	6	
BREAKFAST GNOCCHI	MANY MUSHROOMS, SPINACH, SLOW COOKED EGG, REGGIANO CHEESE VELOUTÉ	(V)	24
	GOES WELL WITH COLD PRESSED DETOX JUICE	8.50	

SIDES

POACHED/FRIED FREE RANGE EGG	4.50	SCRAMBLED EGGS	9	
SAUTÉED SPINACH	DRIED TOMATOES	FRESH MARINATED TOMATOES	4	
SMASHED AVOCADO	MUSHROOMS	CHEESE KRANSKY SAUSAGE	BACON	6
SMOKED SALMON	CONFIT SALMON			7
SOURDOUGH TOAST	MULTIGRAIN TOAST	GERMAN RYE TOAST	WHOLEMEAL TOAST	6
GLUTEN FREE TOAST				7

TIISCH CAFÉ BISTRO IS AVAILABLE FOR PRIVATE EVENTS

DRINKS

CAPI

SPARKLING FRUIT SODA GRAPEFRUIT / BLOOD ORANGE / CRANBERRY 6

KOMBUCHA

KOMMUNITY BREW GINGER & TURMERIC / RASPBERRY 6.5

COLD PRESSED JUICE

GOOD VIBES ORANGE, PINEAPPLE, PASSIONFRUIT, COCONUT WATER 8.50

SWEET GREENS KALE, APPLE, SPINACH, PINEAPPLE, CUCUMBER, APPLE, MINT 8.50

IMMUNITY CARROT, APPLE, GINGER, TURMERIC 8.50

DETOX KALE, CELERY, LEMON, PARSLEY, CUCUMBER, FENNEL 8.50

SLAM STRAWBERRY, LEMON, APPLE, MINT 8.50

SMOOTHIES

BLISS BANANA, MANGO, PEACH, PEAR, CITRUS 9.50

EX-HEMP-LARY KIWI, GINGER, LIME, HEMP PROTEIN, BANANA, PEAR, PEACH 9.50

BLACK COFFEE

ESPRESSO SINGLE ORIGIN 4/4.5

LONG BLACK SINGLE ORIGIN 4.5

BATCH BREW -SINGLE ORIGIN FILTER COFFEE 4

COLD DRIP -SINGLE ORIGIN VISCOUS, FULL-BODIED, FILTER COFFEE SERVED OVER ICE 6

MILK COFFEE

FLAT WHITE / CAPPUCCINO / LATTE TIISCH BLEND / SINGLE ORIGIN 4/4.5

SHORT MACCHIATO TIISCH BLEND / SINGLE ORIGIN 4/4.5

LONG MACCHIATO / MOCHA TIISCH BLEND / SINGLE ORIGIN 5/5.5

HOT

WHITE CHOCOLATE LATTE WHITE COVERTURE CHOCOLATE, ESPRESSO 5.50

HOT CHOCOLATE MASS ORGANIC CHOCOLATE, DOMINICAN REPUBLIC 5.50

CHAI LATTE LOOSE LEAF BLACK TEA, WHOLE INDIAN SPICES, HONEY 5.50

MATCHA LATTE -SINGLE ORIGIN MIKO MATCHA, NISHIO (JAPAN) 5.50

AFFOGATO VANILLA BEAN ICE CREAM, DOUBLE ESPRESSO / W FRANGELICO 6.5/13

BABY CINO 2

EXTRAS

DECAF / ESPRESSO SHOT / BONSOY / ALMOND MILK / COCONUT MILK .50

COLD

ICED COFFEE / MOCHA SERVED OVER ICE / W VANILLA BEAN ICE CREAM 5/7.50

ICED CHOCOLATE SERVED OVER ICE / W VANILLA BEAN ICE CREAM 6/8.50

ICED MATCHA SERVED OVER ICE / W VANILLA BEAN ICE CREAM 6/8.50

ICED TEA GREEN JASMINE & ROSE / BLACK TEA W LEMON & PEACH 6

ICED CHAI CHAI BABA LOOSE LEAF MASALA, SERVED OVER ICE 6

ARTISAN TEA

RUBY BREAKFAST RUBY RED COLOURED, ROBUST AND FULL-FLAVOURED BLACK TEA 5.5

CHAI HAND BLENDED LOOSE LEAF BLACK TEA, WHOLE INDIAN SPICES, HONEY 5.5

EARL GREY ORGANIC, FLORAL BERGAMOT AROMA 5.5

LEMONGRASS & GINGER ORGANIC, ZESTY, REFRESHING, VIBRANT 5.5

WHITE PEONY SILVER NEEDLE TEA BUDS WITH YOUNGEST WHITE LEAVES, FUJIAN (CHINA) 5.5

JASMINE DRAGON PEARLS HAND ROLLED SPRING BUDS SCENTED WITH FRAGRANT JASMINE FLOWER 5.5

MEANINGFUL GREEN LOOSE LEAF SPRING GREEN TEA, LEMON VERBENA, RED CLOVER FLOWER 5.5

ORGANIC GREEN TEA EARLY SPRING GAO LU, VIBRANT, FULL BODIED, SMOOTH, SWEET LINGER 5.5

ORGANIC PEPPERMINT FRESH HIGH GRADE ORGANIC PEPPERMINT LEAF, STRONG AROMA 5.5

HONEY I'M HOME WILD GOLDEN NEEDLE BUDS, CHAMOMILE, CHRYSANTHEMUM, CALENDULA 5.5

LUMBERJACK STIMULATING SIBERIAN GINSENG, FERMENTED PU'ER, ASTRAGALUS ROOT 5.5