

PLEASE PLACE YOUR ORDER AT THE COUNTER

LUNCH

AUTUMN SUPERFOOD SALAD	QUINOA, PUMPKIN, ROASTED BRUSSELS, ASPARAGUS, SPINACH, HERBS, NUTS, SEEDS	(VEGAN)(GF)(DF)	22
	ADD POACHED EGG 4 ADD GRILLED CHICKEN 7 ADD CONFIT SALMON 7		
SALMON NIÇOISE SALAD	HEIRLOOM TOMATO, POTATO, SICILIAN OLIVES, BEANS, SOFT EGG, TARRAGON VINAIGRETTE	(GF)(DF)	28.5
	GOES WELL WITH A GLASS OF '2017 FIANO'	12	
SLOW COOKED LAMB SALAD	COUS COUS, CHARRED PEPPERS, ALMONDS, FETTA, CHERMOULA		28.5
	GOES WELL WITH A GLASS OF '2016 CABERNET SAUVIGNON'	9	
AVOCADO TOAST	HUMMUS, FRESH CHEESE, DRIED TOMATOES, POACHED EGG	(VEGAN OPTION AVAIL)(V)	20.50
	GOES WELL WITH BACON	6	
WAGYŪ BEEF BURGER & FRENCH FRIES	AGED CHEDDAR, LETTUCE, TOMATO, PICKLES, CLASSIC SAUCES		24
	GOES WELL WITH A PINT OF SINGLE FIN BEER	9	
GRILLED STEAK SANDWICH	PANCETTA, CARAMELISED ONION, CHEDDAR, FRIES, TRUFFLE AIOLI		24
	GOES WELL WITH A PINT OF SINGLE FIN BEER	9	
ORECCHIETTE PASTA	MANY MUSHROOMS, PARMESAN VELOUTÉ	(VEGAN OPTION AVAIL)(V)	24
	GOES WELL WITH A GLASS OF '2016 PINOT GRIS'	11	
BEEF CHEEK PASTA	SHELL PASTA, BEEF CHEEK & TOMATO RAGÚ, SPINACH, PARSLEY, REGGIANO CHEESE VELOUTÉ		28
	GOES WELL WITH A GLASS OF '2016 CABERNET SAUVIGNON'	9	
GNOCCHI	BRAISED FENNEL & TOMATO RAGÚ, SAFFRON, CHILLI, PINOT GRIGIO, REGGIANO CHEESE	(V)	26
	GOES WELL WITH A GLASS OF '2016 CHARDONNAY'	12	
GRILLED FISH OF THE DAY	PROVENÇAL VEGETABLE SALAD, BLACK OLIVES, SAFFRON VINAIGRETTE	(GF)	28.5
	GOES WELL WITH A GLASS OF '2017 FIANO'	12	
STEAK & FRIES	STIRLING RANGES RUMP CAP, GARDEN SALAD, FRENCH FRIES, OUR OWN HERB STEAK SAUCE	(GF)	28
	GOES WELL WITH A GLASS OF 'THE-SUM CABERNET SAUVIGNON 2016'	9	

SIDES

GARDEN SALAD	GOURMET LETTUCES, TOMATO, CUCUMBER, CARROT, SPRING ONION, HERBS, FRENCH VINAIGRETTE	(GF)(V)	8
SAUTEÉD MUSHROOMS		(GF)(V)	6
FRENCH FRIES	TRUFFLE MAYONNAISE	(GF)(V)	9
STEAMED GREEN BEANS	SEA SALT, EVOO	(GF)(V)	9
PARIS MASH		(GF)(V)	7

TIISCH CAFÉ BISTRO IS AVAILABLE FOR PRIVATE EVENTS

15% SURCHARGE APPLIES TO ALL ACCOUNTS ON SUNDAYS & PUBLIC HOLIDAYS

DRINKS

KOMBUCHA

KOMMUNITY BREW	GINGER & TURMERIC / GALAXY HOPS	6.5
REMEDY	ORIGINAL / HIBISCUS / GINGER LEMON / CHERRY PLUM	6.5

COLD PRESSED JUICE

GOOD VIBES	ORANGE, PINEAPPLE, PASSIONFRUIT, COCONUT WATER	8.50
SWEET GREENS	KALE, APPLE, SPINACH, PINEAPPLE, CUCUMBER, APPLE, MINT	8.50
IMMUNITY	CARROT, APPLE, GINGER, TURMERIC	8.50
DETOX	KALE, CELERY, LEMON, PARSLEY, CUCUMBER, FENNEL	8.50
SLAM	STRAWBERRY, LEMON, APPLE, MINT	8.50

BLACK COFFEE

ESPRESSO	SINGLE ORIGIN	4/4.5
LONG BLACK	SINGLE ORIGIN	4.5
BATCH BREW <small>-SINGLE ORIGIN</small>	FILTER COFFEE	4
COLD DRIP <small>-SINGLE ORIGIN</small>	VISCOUS, FULL-BODIED, FILTER COFFEE SERVED OVER ICE	6

MILK COFFEE

FLAT WHITE / CAPPUCCINO / LATTE	TIIISCH BLEND / SINGLE ORIGIN	4/4.5
SHORT MACCHIATO	TIIISCH BLEND / SINGLE ORIGIN	4/4.5
LONG MACCHIATO / MOCHA	TIIISCH BLEND / SINGLE ORIGIN	5/5.5

HOT

HOT CHOCOLATE	MASS ORGANIC CHOCOLATE, DOMINICAN REPUBLIC	5.50
CHAI LATTE	LOOSE LEAF BLACK TEA, WHOLE INDIAN SPICES, HONEY	5.50
MATCHA LATTE <small>-SINGLE ORIGIN</small>	MIKO MATCHA, NISHIO (JAPAN)	5.50
AFFOGATO	VANILLA BEAN ICE CREAM, DOUBLE ESPRESSO / W FRANGELICO	6.5/13
BABY CINO		2

EXTRAS

DECAF	/	ESPRESSO SHOT	/	BONSOY	/	ALMOND MILK	/	COCONUT MILK	.50
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COLD

ICED COFFEE / MOCHA	SERVED OVER ICE / W VANILLA BEAN ICE CREAM	5/7.50
ICED CHOCOLATE	SERVED OVER ICE / W VANILLA BEAN ICE CREAM	6/8.50
ICED MATCHA	SERVED OVER ICE / W VANILLA BEAN ICE CREAM	6/8.50
ICED TEA	GREEN JASMINE & ROSE / BLACK TEA W LEMON & PEACH	6

ARTISAN TEA

RUBY BREAKFAST	RUBY RED COLOURED, ROBUST AND FULL-FLAVOURED BLACK TEA	5.5
CHAI	HAND BLENDED LOOSE LEAF BLACK TEA, WHOLE INDIAN SPICES, HONEY	5.5
EARL GREY	ORGANIC, FLORAL BERGAMOT AROMA	5.5
LEMONGRASS & GINGER	ORGANIC, ZESTY, REFRESHING, VIBRANT	5.5
WHITE PEONY	SILVER NEEDLE TEA BUDS WITH YOUNGEST WHITE LEAVES, FUJIAN (CHINA)	5.5
IRON GODDESS OOLONG	HIGH MOUNTAIN SPRING PICKED TIE GUAN YIN, FERMENTED, FUJIAN (CHINA)	5.5
JASMINE DRAGON PEARLS	HAND ROLLED SPRING BUDS SCENTED WITH FRAGRANT JASMINE FLOWER	5.5
MEANINGFUL GREEN	LOOSE LEAF SPRING GREEN TEA, LEMON VERBENA, RED CLOVER FLOWER	5.5
ORGANIC PEPPERMINT	FRESH HIGH GRADE ORGANIC PEPPERMINT LEAF, STRONG AROMA	5.5
HONEY I'M HOME	WILD GOLDEN NEEDLE BUDS, CHAMOMILE, CHRYSANTHEMUM, CALENDULA	5.5
LUMBERJACK	STIMULATING SIBERIAN GINSENG, FERMENTED PU'ER, ASTRAGALUS ROOT	5.5

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